

CLAREMONT EAP

www.ClaremontEAP.com

800-834-3773

EAP BENEFITS SUMMARY SAN MATEO COMMUNITY COLLEGE DISTRICT

COUNSELING

Three free visits per incident, per year (visits renew 12-months from date of intake). Additional visits are offered to clients at Claremont's discounted rates.

LEGAL CONSULTATION

An initial 30-minute consultation is provided at no cost. A 25% discount is available for any service beyond the initial consultation. Depending upon the issue and personal preference, telephonic or in-person consultation is available. Attorneys have expertise in areas such as family law, consumer issues, traffic violations and personal injury, etc. Free "Simple Will" kits are available upon request.

FINANCIAL SERVICES

Financial specialists are available to assist employees/family members with budgeting, retirement planning, debt consolidation, financial planning, stock option plans, auto and real estate purchasing, etc. Free credit reports are available upon request.

ELDER/ADULT/CHILD CARE

Nationwide referrals for elder/adult/child care resources are provided. A Dependent Care Specialist consults with each employee/family member to generate a customized report, which provides a listing of appropriate agencies/services and other helpful written information.

SCHOOL/COLLEGE ASSISTANCE

This nationwide program helps parents choose an appropriate elementary or secondary and assistance with the college search process for both college-bound children and the working individual in search of furthering his/her educational needs.

ADOPTION ASSISTANCE

Nationwide referrals for adoption attorneys, agencies, infertility specialists, and support groups are provided.

PET CARE

Referrals for pet services such as vets, groomers/boarders, animal hospitals, pet sitters, and transportation services.

COMMUNITY RESOURCES

A free referral service to low or no cost community resources is available. The service assists employees/family members by providing information on support groups, 12-step meetings, medical and mental health topics, inpatient and outpatient treatment facilities, and more.

PERSONAL ADVANTAGE WEB SITE

Unlimited access to Claremont Personal Advantage (CPA) Enhanced Web Site is provided for articles, resources, videos and assessments about Health/Wellness, Legal/Financial, Emotional Well-Being & Balanced Life. *Go to ClaremontEAP.com to register and enter SMCCD as Company Name.*